MANNEQUIN CHALLENGE RUBRIC Revised (Tuesday,11/29)

Watch how this how-to video can summarize this assignment in five easy steps:

<http://lifehacker.com/how-to-make-a-mannequin-challenge-video-in-five-easy-st-1788963997>

More tips:

1. The person recording needs to go SLOW AND STEADY to gain at least half body shots.
2. Snake throughout the action of the participants and have them in active, frozen poses.

Objective: create a video demonstrating a Mannequin Challenge using various muscles to be viewed by your teacher

Requirements:

1. Set it to the song “Black Beatles” by Rae Sremmurd
2. Record and save on a USB/flashdrive in a sheet protector to include a typed cover sheet w/ the following information:
   1. student names (in order by PERIOD, then alphabetize last,first student names)
   2. title that includes the central theme
   3. Complete the following chart: Minimum of 3 acts- described in sequential order and numbered. As the person is recording, a poster describing a LETTER to represent the region of muscles must be held/near the person(s) in EACH category (must show all four!)
      1. Muscles of the head: facial expression
      2. Neck, vertebral & thorax
      3. Forearm, arm and hand
      4. Thigh, leg, foot

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| --- | --- | --- | --- | --- |
| ACTION | # OF PEOPLE | Last names of A&P Hon students involved | Description | Muscular Region  ( 1- 4) |
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* 1. At the end, the entire group breaks out into movement
  2. Be creative. A minimum of 30 sec.

What grade are you willing to work for? Below explains how to earn an A-C, just by adding more participants and recording time to the above requirements:

|  |  |  |  |
| --- | --- | --- | --- |
| Grade | # of participants | # OF ACTS | TIME |
| A | 12 | 8 | 1 MINUTE |
| B | 10 | 6 | 45 SEC |
| C | 7 | 4 | 30 SEC |