

MANNEQUIN CHALLENGE RUBRIC

Watch how this how-to video can summarize this assignment in five easy steps:

<http://lifehacker.com/how-to-make-a-mannequin-challenge-video-in-five-easy-st-1788963997>

More tips on recording a successful project:

1. The person recording needs to go SLOW AND STEADY to gain at least half body shots.
2. Snake throughout the action of the participants and have them in active, frozen poses.

Objective: create a video demonstrating a Mannequin Challenge using various muscles to be viewed by your teacher

Requirements:

- Set it to the song “Black Beatles” by Rae Sremmurd
- Record and save on a USB/flashdrive OR youtube in a sheet protector to include a typed cover sheet w/ the following information: (side 1)
 - student names (in order by PERIOD, then alphabetize last,first student names)
 - title that includes the central theme
 - Photo of the entire group in a creative pose
 - TOTAL TIME RECORDED:
 - TOTAL # OF PEOPLE
 - i. # of Rothal students
 - ii. # of Non-Rothal students
 - iii. # of adults
- Complete the following chart: Minimum of 3 acts- described in sequential order and numbered. As the person is recording, a poster describing a LETTER to represent the region of muscles must be held/near the person(s) in EACH category (**must show all four!**) (side 2)
 - a. Muscles of the head: facial expression
 - b. Neck, vertebral & thorax
 - c. Forearm, arm and hand
 - d. Thigh, leg, foot

ACTION	# OF PEOPLE	Last Names A&P Hon students involved	Per	Description	Muscular Region (1- 4)

- At the end, the entire group breaks out into movement
- Be creative. A minimum of 30 sec.

What grade are you willing to work for? Below explains how to earn an A-C, just by adding more participants and recording time to the above requirements:

Grade	# of participants	# OF ACTS	TIME
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A	12	8	1 MINUTE
B	10	6	45 SEC
C	7	4	30 SEC